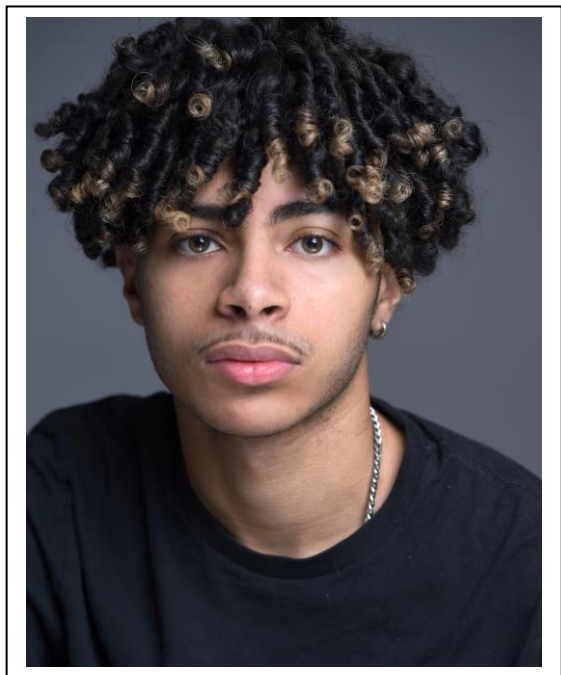


# JAYDEN O'SULLIVAN



**Location:** London

**Playing Age:** 16-25

**Height:** 5'10

**Build:** slim/athletic

**Hair Colour:** Brown/dark-brown with subtle highlights

**Hair Length:** floppy curls above ears when curly, below ears when braided or in twists, afro when brushed out with undercut.

**Eye colour:** green/hazel mix

## Training

2023 - London Actors Workshop Acting for Film & TV

- Improvisation, TV & Film Audition Technique (*John Melainey*), Screen Combat (*Bret Yont*), Shakespeare/Voice (*Hanna Berrigan*), Method Acting (*Ariella Eshed*), Screen Acting (*Daniel Dresner*)

2023 - current (first year) - Platinum Academy of Performing Arts

- practical training in acting, singing, ballet, tap, jazz, musical theatre, partner work, commercial dance

2013-2018 - Phoenix Eye Wing Tsun Association: 5 years training, attained equivalent to brown belt level

- fast hand martial art reflex training (same style used in 'IP man' Film), close quarter combat, weapons (sharp and blunt basics), wooden dummy basics.

## Short Film

Power To Make Change      Platinum Academy

## Skills (\*highly skilled/native)

**Languages:** English

**Accents:** Native South London accent

**Performance:** Physical Theatre, Mocap, Presenting, Stage Combat

**Singing:** Rnb, Pop

**Music & Dance:** Ballet\*, Hip Hop, Commercial, Jazz, Ballroom, Freestyle

**Sports:** martial arts, ping pong,

**Other:** good ability in martial arts and has experience in fight performance, good at writing lyrics for rap music, skilled gamer.

For further details of any of our actors please contact:

[info@londonactorsworkshop.co.uk](mailto:info@londonactorsworkshop.co.uk)    [www.londonactorsworkshop.co.uk](http://www.londonactorsworkshop.co.uk)

London's Leading Weekend Acting Workshop