

# **KATERINA TOUNTA**

Location: London Playing Age: 24-34 years old

Height: 176 cms Build: Curvy Hair Colour: Dark Brown Hair Length: Short Eye Colour: Brown

#### Training

2022 - Present - London Actors Workshop Acting for Film & TV

- Improvisation, TV & Film Audition Technique (John Melainey)
- Screen Combat (*Bret Yont*)
- Shakespeare/Voice (Endy McKay)
- Method Acting (Ariella Eshed)
- Screen Acting (Daniel Dresner)

### 2017 – 2020 - Drama and Psychology Bachelor Degree at Bath Spa University

• Investigating Theatre and Performance, Contemporary Theatre, Building the Ensemble, Performance Practice Skills, Shakespeare and His Contemporaries, Musical Theatre Workshop, Performance Explorations, Staging Gender

## Credits whilst training

Lady Macbeth	Macbeth	Bath Spa University	Dr Roger Apfelbaum
Irina Prozorov	Three Sisters	Bath Spa University	Dr Roger Apfelbaum
Jason	Medea: Battle for Life Bath Spa University		Konstantinos Mantsos
Jude	Eight Monologues	Bath Spa University	Dr Helena Enright
Nora	A Doll's House	Bath Spa University	Dr Helena Enright

## <u>Skills</u>

Languages: Greek (Native), English (Fluent), French (Basic)
Performance: Physical Theatre, Dance, Presenting, Stage Combat, Musical theatre
Singing: Mezzo soprano
Music & Dance: Piano, Solfege, Greek traditional dance, Samba, Latin, Tango, Contemporary
Sports: Swimming, Running, Cycling, Tennis, Volleyball, Basketball
Other: Writing, Cooking, Gardening, Painting and Drawing