



ATHENA PHOS

Location: London

Playing Age: 17 - 27

Height: 5 ft 7 / 1.70 m

Hair Colour: Dark Brown

Build: Slim

Hair Length: Long

Weight: 9.1 st / 58 kg

Eye colour: Green

TV				
2019	Megan	Flashback K	1Mind Productions	Kaeleb Parkinson
Film				
2017	Athena	Odyssey	Technourgio	Vasilis Rontiris
2016	Cleopatra	Queen of People: Cleopatra	Technourgio	Areti Katife
Theatre				
2018	Anna	Closer	Identity School of Acting	Max Saunders
2018	Tash	Tender	Identity School of Acting	Chris Thorpe
2018	Persephone	Forbidden Fruit	Parallel Adventures (tour)	Aris Papadopoulos
2017	Rita	Educating Rita	Parallel Adventures (tour)	Aris Papadopoulos
2017	Puck	Midsummer Night's Dream	Choros Duent	Stratos Mouzourakis
2016	Helen	Helen	Studio Nemesi	Panos Iakovidis
2016	Antigone	Antigone	Studio Nemesi	Panos Iakovidis
2015	Rachelka	Nasza Klasa	Royal Holloway	Bryce Lease
2014	Solo Dance	Unknown X	Royal Holloway	Libby Worth
2013	Traveller	The Frightened Traveller	Royal Holloway	Matthew Cohen
2013	Woman In Pain	The Waiting Game	Royal Holloway	Libby Worth
2012	Snow White	Snow White & the 7 Deathly Sins	Royal Holloway	Libby Worth

Training

2019 London Actors Workshop – Acting for Film & TV (John Melaine)

2018 Identity School of Acting – Acting for Stage & Camera (Alasdair MacKay, Chris Thorpe, Jules Craig, Andrew Elkins, Max Saunders)

2012 – 15 BA Drama & Theatre Studies (1st Class Honours) – Royal Holloway University of London

Skills (*highly skilled/native)

Languages: English*(fluent), Greek* (native)

Accents: Standard English*, Standard American, Greek, Italian, Russian

Performance: Physical Theatre, Improvisation, Devising, Shadow Puppetry, Stage Combat

Singing: Contralto

Dance: Ballet*, Contemporary*, Belly Dance*, Burlesque*, Commercial*, Freestyle*, Salsa*, Bachata*, Kizomba, Hip-Hop, Tango, Waltz

Sports: Boxing*, Volleyball*, Yoga*, Horse Riding, Cycling, Running, Swimming

Other: Zumba Instructor, Lifestyle & Fitness Coach